

# Creativity-Check-up

Go through the following statements thoroughly and tick how often you have done things in a certain way and what your previous team experience is. The statements can help to develop confidence in your own creativity and increase creativity in the team. Under point 13, you have the possibility to record important impressions and thoughts beyond the statements.

## First statements on individual creativity

	Statements	☹☹ ☹	☹☹	☹	☺	☺☺	☺☺ ☺
1.	I detach myself from the usual and the everyday.						
2.	I do not immediately evaluate my own ideas.						
3.	I develop various solutions.						
4.	I am not satisfied too soon with solutions.						
5.	I take time to think about things.						
6.	I trust my inner feelings.						
7.	I give myself room to develop ideas.						
8.	I like to develop solutions in a playful way.						
9.	I combine the unknown with the known.						
10.	I see things differently.						
11.	I expose myself to the stranger.						
12.	I regard resistance as a challenge.						
13.	I wish that I ...						

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## And now statements on team creativity

	Statements	☹☹ ☹	☹☹	☹	☺	☺☺	☺☺ ☺
1.	We leave out hierarchies and positions.						
2.	We value individual differences.						
3.	We welcome thoughts as enrichment.						
4.	We actively listen to each other.						
5.	We motivate each other.						
6.	We try not to criticize too soon.						
7.	We show interest in all ideas.						
8.	We build on ideas.						
9.	We encourage each other.						
10.	We support each other as a team.						
11.	We apply new procedures and methods.						
12.	New team members are an enrichment.						
13.	I wish that we ...						

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